




## Shropshire Autism Hub

Make an appointment to register at the Hub:

01743 539201

 24/7 answerphone

Email: [shropshireautismhub@a4u.org.uk](mailto:shropshireautismhub@a4u.org.uk)

[www.a4u.org.uk](http://www.a4u.org.uk) for information

New Autism Hub website currently under construction



The information in this leaflet  
can be made available in



other formats such as large print and audio

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Working in partnerships with other advice agencies

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## Shropshire Autism Hub

**Shropshire Autism Hub is the umbrella for  
a range of services provided for autistic  
adults over 18 in Shropshire**

Small Groups  
Calm Café  
Access to  
resources  
Peer Support

Louise House  
Roman Road  
Meole Brace  
Shrewsbury  
SY3 9JN

User led activities  
Advice and  
Information  
Life Skills  
Planning for the  
future



Advice Line: 01743539201

24/7 answerphone

email :[Shropshireautismhub@a4u.org.uk](mailto:Shropshireautismhub@a4u.org.uk)



## The Purpose of the Hub

The purpose of Shropshire Autism Hub is to be the point of contact for people, both pre- and post-diagnosis, families, carers, and professionals, offering impartial and reliable information and advice about autism and the services on offer in Shropshire.

We create an inclusive environment where individuals can feel safe and welcomed, and bring together services offering support, breaking down barriers, and providing opportunities for life-enhancing development. We provide a setting for individuals to build social connections.

This may be via small group activities, our Calm Café, our linked projects, or other organisations visiting Louise House.

The Aims of the Hub are:

- to help with coping strategies
  - improve confidence
- learn to socialise in a safe environment
- to promote independent living
- to support self-management

The Autism Hub provides advice on welfare benefits, housing, relationships, monetary advice and employment opportunities that are available for autistic people.

## Our service is for

- People on the autism spectrum
  - Families and carers
- Health and Social Care Professionals

‘Being autistic does not mean you have an illness or disease. It means your brain works in a different way from other people and is something you are born with. (...)

Autism is not a medical condition with treatments or a "cure", but some people need support to help them with certain things. Like everyone, autistic people have things they're good at as well as things they struggle with. ‘

NHS UK

## How to access our services

- To make an appointment to register we can be contacted by telephone during the day or by answer phone outside office hours or by email— **please see overleaf for contact details.**
- We accept referrals from individuals, health and social care professionals, Shropshire Council, other voluntary agencies and government departments (see website for contact form).
- Our website is available for information, forms and leaflets.